

Nutritional Fun Facts:

- Known as the #2 most nutrient-rich fruit in the world.
- Packed with an abundance of vitamins and antioxidants!
- Kiwis are exceptionally high in vitamin C, providing over 80% of the average daily vitamin C.
- Supports digestion, weight management, and blood sugar control.
- Supports heart and eye health and a healthy immune system.

Locally farmed in Fallbrook, CA and Established in 1989, Dickinson Family Farms has successfully managed acres of avocados, citrus, guavas, and other tree crops for over three decades.

California Gregie

Best way to eat a kiwi at school:

If your kiwi is cut in half; use your sporkette to scoop out the flesh.





If your kiwi is cut in quarters, eat like a finger food

DICKINSON FAMILY FARMS

We are a family-owned operation based in Southern California, selling a variety of organic fruits. We partner with local organic farmers to pro mote sustainability and support within the local farm community.

Dickinson Family Farms is not just a name; we are fourth-generation farmers with great-grandparents, grandparents, parents, and grandchildren

all involved in farming operations and fruit sales. We take pride in what we do and how we do it.

Our local North County San Diego roots are essential to our identity. We know and love the organic farmers in our community, partnering with them to support and uphold high standards for our produce. We serve the people in our community by providing the same quality produce we feed our family. Committed to supporting and enriching our community, we deliver freshness and quality one fruit at a time.

